

The Ultimate Camping and Hiking Packing List [Printable PDF Checklist]

SHELTER

SHELTER	
☐ Tent	☐ Ground sheet, Cloth, or Additional tarp
☐ Additional stakes	☐ Shade tarp, Rope, Poles and Stakes
☐ Hammer and Axe	Dustpan and Brush
☐ Tent entry mat	☐ Windbreaker and rainfly

BEDDING ESSENTIALS

□ BEDDING ESSENTIALS	
☐ Sleeping bag	☐ Air mattress
☐ Blankets and sheets	☐ Sitting or sleeping pads placed below sleeping bags
☐ Air pump	Utility bags for storage
□ Pillow	☐ Mosquito head net
☐ Sleeping pad. Cot, Tarp	☐ Air mattress repair kit



LIGHTING

□ LIGHTING	
☐ Torches	☐ Lanterns or Candles
☐ Flashlight	☐ Waterproof Lighter or Matches
☐ Spare Bulbs and Batteries	

CLOTHING

□ CLOTHING	
☐ Wool or Fleece Clothing (Sweater, Gloves, Vest, Pants)	□ Jeans
☐ Bandana	☐ Short-Sleeved And Long-Sleeved Shirts
☐ Sleep Clothes	Regular Underwear And/Or Wicking Long Underwear
☐ Towel	☐ Laundry Bag
☐ Lightweight Gloves For Bug Protection	Quick-Drying Shorts, Pants, Swimsuit
☐ Rain Gear	

SHOES AND FOOTWEAR

□ SHOES AND FOOTWEAR	
☐ Hiking Boots	☐ Hiking Socks
☐ Wicking Liner Socks	☐ Rubber Shoes
☐ Flip Flops	

PERSONAL HYGIENE

□ PERSONAL HYGIENE	
Biodegradable Soap, Shampoo, Conditioner	☐ Toothbrush And Toothpaste
☐ Hairbrush And/Or Comb	☐ Facial Cleanser
☐ Body Lotion	☐ Deodorant
☐ Razor Blades	☐ Shaving Cream
☐ Toilet Paper	☐ Feminine Napkins And/Or Panty Liners
☐ Feminine Wipes And Hygiene Products	☐ Tweezers

CAMPING ACCESSORIES LIST

□ CAMPING ACCESSORIES LIST	
☐ Money	☐ Personal ID
☐ Backpack Or Fanny Pack	☐ Day Pack For Shorter Hikes
☐ Backpack Cover	☐ Maps
☐ Compass	☐ Binoculars
☐ Sun Hat Or Wide-Brimmed Hat	☐ Sunglasses, Contact Lenses
☐ Waterproof Glass	☐ Ziploc Bags
Mobile Phone, Extra Battery And Car Charging Adapter	☐ Camera And Spare Batteries
☐ Notepad And Pen	☐ Books, Radio
☐ Games, Board Games, Cards	□ Toys
☐ Travel Clock	☐ Safety Pins
☐ Clothesline And Clothing Pins	Collapsible Drying Rack
☐ Duct Tape	☐ Pocket Knife, Multi-Tool
☐ Basic Tool Kit (Pliers, Screwdriver, Etc.)	☐ Small Sewing Kit
Cardboard Boxes, Stuff Sack If Necessary	☐ Compression Sack (To Stuff Bulky Sleeping Bags)
☐ Fishing Gear	☐ Hammock
☐ Bike And Helmets	□ Umbrella
Pepper Spray Or Other Non-Lethal Bear Deterrent	☐ Trowel (For Burying Human Waste)

CAMPING FOOD LIST

□ CAMPING FOOD LIST	
□ Water	☐ Ice And Ice Packs
☐ Cooking Oil	□ Butter
☐ Bread	☐ Beer/Wine
☐ Baked Beans	☐ S'Mores (Graham Crackers, Marshmallows And Chocolate)
☐ Snacks And Crisps	□ Eggs
☐ Bacon	☐ Cheese
☐ Tomato Sauce	☐ Dry Pasta
□ Rice	☐ Tomatoes, Potatoes, Onions
☐ Sugar, Salt, Pepper, Dry Herbs And Spices	□ Flour
☐ Dry Yeast	☐ Dry Fruit
☐ Beef Jerky	☐ Hotdogs And Burger Patties
☐ Canned Vegetables And Fruits	☐ Canned Tuna
☐ Canned Meats	☐ Milk, Juice, And Soda
☐ Coffee And Tea	Peanut Butter
☐ Oatmeal	☐ Dried Beans
☐ Energy Bars And Chocolate Bars	☐ Trail Mix
☐ Powdered Milk	☐ Apple Cider Vinegar
☐ Baking Soda	☐ Honey

COOKING AND COOKING TOOLS

□ COOKING AND COOKING TOOLS	
□ Cooler	☐ Water Bucket Or Water Jug
☐ Thermos	Water Filter And WaterPurifier
☐ Water Purification Tablets (Iodine Tablets)	☐ Collapsible Water Container
☐ Folding Table And Camp Chairs	☐ Fuel And Propane Stove
☐ Firewood Or Charcoal	☐ Fire Starters, Newspaper
☐ Fuel, Buddy Burner, Extra Fuel For Boiling Water	☐ Tin Can Stove, Box Oven, Dutch Oven
☐ Bbq Grill, Campfire Grill	☐ Grill Fork And Brush
☐ Metal Skewers	☐ Utensils, Knife, Tongs
☐ Potato Peeler	☐ Cutting Board
☐ Aluminum Foil	☐ Bottle Opener, Can Opener
☐ Mixing Bowl	☐ Paper Towel
☐ Oven Mitts, Potholders	☐ Pots And Frying Pans
☐ Plastic Ware, Silverware	☐ Plates And Bowls
☐ Mugs, Cups	☐ Tablecloth, Clips, Thumbtacks
☐ Food Storage Container	☐ Ziploc Bags
☐ Dish Towel, Rags	☐ Biodegradable Dish Soap
☐ Bear Resistant Food Canister	☐ Rope For Hanging Food On Trees

☐ Trash Bags	Dog Food If You'Re CampingWith Your Dog
☐ Dog Food, Water Dishes	

FIRST AID KIT

□ FIRST AID KIT	
☐ Personal Medications	☐ Sinus Or Cold Medications
 Antacid, Gas Relief Tablets, Antihistamine, Anti-Diarrheal, Mild Laxative 	☐ Aloe Gel
Candied Ginger For Motion Sickness	☐ Insect Repellant
□ Sunscreen	☐ Antiseptic Wipes
☐ Tissues	☐ Sterile Gauze Pads
☐ Band-Aids	☐ Gauze And Tape
☐ Cotton Swabs	☐ Disinfectant
☐ Hydrogen Peroxide	☐ Splinting Materials
☐ Bee Sting Kit	☐ Sterile Compress
□ Scissors	☐ Thermometer
☐ Adhesive Tape	☐ Whistle
☐ Safety Pins	☐ Pain Reliever